Noisy Coupled Qubits: Operator Spreading and the Fredrickson–Andersen Model

Daniel A. Rowlands and Austen Lamacraft

TCM Group, Cavendish Laboratory, University of Cambridge,

J. J. Thomson Ave., Cambridge CB3 0HE, UK*

(Dated: June 5, 2018)

We study noise-averaged observables for a system of exchange-coupled quantum spins (qubits), each subject to a stochastic drive, by establishing mappings onto stochastic models in the strong-noise limit. Averaging over noise yields Lindbladian equations of motion; when these are subjected to a strong-noise perturbative treatment, classical master equations are found to emerge. The dynamics of noise averages of operators displays diffusive behaviour or exponential relaxation, depending on whether the drive conserves one of the spin components or not. In the latter case, the *second moment* of operators – from which the average subsystem purity and out-of-time-order correlation functions can be extracted – is described by the Fredrickson–Andersen model, originally introduced as a model of cooperative relaxation near the glass transition. It is known that fluctuations of a ballistically propagating front in the model are asymptotically Gaussian in one dimension. We extend this by conjecturing, with strong numerical evidence, that in two dimensions the long-time fluctuations are in the Kardar–Parisi–Zhang universality class, complementing a similar observation in random unitary circuits.

I. INTRODUCTION

The success of microscopic models of matter hinges upon the assumption that the resulting macroscopic description is relatively insensitive to the precise disposition of the constituent particles. When applied to dynamical phenomena – collective motion – this assumption seems at odds with our usual understanding of generic dynamical systems: that they display chaos and an exponential sensitivity to initial conditions.

That we can derive the (deterministic) laws of hydrodynamics from the motion of gas particles and the assumption of molecular chaos shows that this contradiction is not as severe as it may at first seem. By focussing on coarse-grained variables like the average local velocity, the underlying chaotic motion fades into the background and serves only to give rise to the pressure, viscosity and other parameters of the effective description.

Nevertheless, if one believes that the butterfly effect is more than a figure of speech, something must have been lost along the way. By focusing on *average* quantities, the growth of *fluctuations* from the microscopic to the macroscopic is obscured. Long a part of statistical fluid dynamics [1–3], these questions have only recently been taken up in quantum field theory [4–11] and many-body physics [12–18].

Traditionally, these fields have been concerned with averages $\langle \mathcal{O}_j(t) \rangle$, and response functions $i \langle [\mathcal{O}_j(t), \mathcal{O}_k(0)] \rangle$ of Heisenberg picture observables $\mathcal{O}_j(t)$. However, the act of taking expectations in these quantities obscures the possibility that in a given experiment we may observe a very different response in observable $\mathcal{O}_j(t)$ to a perturbation coupled to observable $\mathcal{O}_j(0)$. The variance of the response function defines the out-of-time-order correlation function (OTOC)

$$\mathcal{C}_{jk}(t) \equiv \frac{1}{2} \langle [\mathcal{O}_j(t), \mathcal{O}_k(0)]^{\dagger} [\mathcal{O}_j(t), \mathcal{O}_k(0)] \rangle, \qquad (1)$$

that has been suggested as a diagnostic of many-body quantum chaos [9–11, 19]. In the light of the above discussion, it is convenient to think of the OTOC in terms of a supersystem consisting of two independent copies of the system under consideration, and extract it from the operator $\mathcal{O}_j(t) \otimes \mathcal{O}_j(t)$. The duplicate system is sometimes known as the thermofield double [20].

In recent years, OTOCs have been calculated in a variety of models, including the Sachdev–Ye–Kitaev (SYK) model [21–23], the many-body localized phase of onedimensional spin models [24], weakly interacting fermions [25], as well as chaotic single-particle systems [26].

In this work we will be concerned with the dynamics of a system of coupled qubits (spin-1/2 objects), subject to classical noise described by a stochastic process η_t [27]. We will be concerned with the first two operator moments:

$$\overline{\mathcal{O}_j} \equiv \mathop{\mathbb{E}}_{\eta} \left[\mathcal{O}_j \right], \qquad \overline{\mathcal{O}_j \otimes \mathcal{O}_j} \equiv \mathop{\mathbb{E}}_{\eta} \left[\mathcal{O}_j \otimes \mathcal{O}_j \right].$$
(2)

where $\mathcal{O}_j \in \{X_j, Y_j, Z_j\}$ is one of the Pauli matrices describing qubit j. The motivations for this study are:

- 1. Conventional wisdom suggests that noise is antithetical to quantum coherence. On the other hand, the evolution of a quantum system in the presence of classical noise is still unitary. We will see that the expected loss of coherence is only true on average: the first and second moments have completely different behaviour.
- 2. The limit of strong noise provides a controlled approximation in which we can obtain a tractable dynamics of the moments.

^{*} dar55@cam.ac.uk

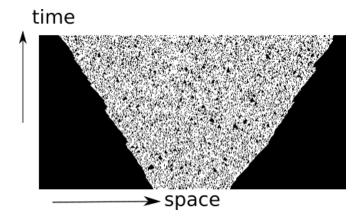


FIG. 1. Growth of fronts in the one dimensional FA model with a finite average 'butterfly' velocity $v_{\rm B}$.

3. In the era of real noisy intermediate-scale quantum computers [28], there is need to understand the dynamics of quantum information in the presence of strong noise.

The stochastic models we introduce may be regarded as continuous-time analogues of the random unitary circuit model studied in many recent works [12–15, 29–36]. Though they share some phenomenology, our analysis of the stochastic models is completely different, being based on Lindblad equations. Expectations over stochastic trajectories are taken at the first step, and the analysis of the strong-noise limit is based on conventional many body perturbation theory. This allows any (deterministic) coupling between qubits to be taken into account – though we focus on a Heisenberg coupling for simplicity of presentation – and allows models with conservation of one of the spin components to be handled on the same footing.

As is the case for the random unitary circuit models, the dynamics of moments in certain cases can be identified with the probability distribution of a classical stochastic process [37–40] (see Table I). For the second moment (or OTOC) in a model without any conserved quantities, this is the Fredrickson-Andersen (FA) model, originally introduced to describe dynamics at the glass transition [41]. The FA model is an example of a kinetically constrained model – see [42] for a recent review – and has a rich phenomenology that we apply to the stochastic spin model [43]. Specifically, we will see that with appropriate initial conditions the FA model describes ballistically growing fronts that are associated with the spreading of the support of local operators in the Heisenberg picture (see Fig.1). A characteristic speed for operator spreading in many-body systems was first identified in [7], and it has since become known as the 'butterfly velocity' $v_{\rm B}$.

A. Outline

The outline of this work is as follows. Section II describes the models we use and their mapping to stochastic models. In Section III we study the behaviour of fronts in the FA model in one and two dimensions. In Section IV we then apply the resulting phenomenology to OTOCs and the behaviour of subsystem purity. Section V contains the analysis of the strong-noise limit and the derivation of effective master equations for the dynamics of moments. Our conclusions are discussed in Section VI. Technical details related to numerical simulations and calculation of the effective Lindbladians may be found in the appendices.

II. MODELS AND MAPPING

A. Models

We consider a system of N spin-1/2 objects (qubits), and the closely related cases of (1) Heisenberg picture evolution of observables $\mathcal{O}(t)$: $\partial_t \mathcal{O}(t) = i[H(\eta_t), \mathcal{O}(t)]$ under a Hamiltonian $H(\eta_t)$ depending on a stochastic process η_t , and (2) the von Neumann equation for the density matrix $\rho(t)$: $\partial_t \rho(t) = -i[H(\eta_t), \rho(t)]$.

We will be concerned with the first two operator moments:

$$\overline{\mathcal{O}} \equiv \mathop{\mathbb{E}}_{\eta} \left[\mathcal{O} \right], \qquad \overline{\mathcal{O} \otimes \mathcal{O}} \equiv \mathop{\mathbb{E}}_{\eta} \left[\mathcal{O} \otimes \mathcal{O} \right]. \tag{3}$$

The second (and higher) moments of an operator carry a great deal more information about the dynamics than the average alone. In particular, the second moment gives us:

1. The average purity

$$\overline{\gamma} \equiv \overline{\operatorname{tr}\left[\rho_A^2\right]},\tag{4}$$

where ρ_A is the reduced density matrix of a subsystem A. Labelling bases of the subsystem A and its complement A^c by the (multi-)indices A and A^c , we have

$$\overline{\gamma} = \sum_{\mathsf{A}_1,\mathsf{A}_2,\mathsf{A}_1^c,\mathsf{A}_2^c} \overline{\rho_{\mathsf{A}_1\mathsf{A}_1^c,\mathsf{A}_2\mathsf{A}_1^c} \rho_{\mathsf{A}_2\mathsf{A}_2^c,\mathsf{A}_1\mathsf{A}_2^c}} , \qquad (5)$$

which may be extracted from $\overline{\rho \otimes \rho}$.

2. The average OTOC

$$\overline{\mathcal{C}}(j-k,t) \equiv \frac{1}{2} \operatorname{tr} \left[\rho \left[\mathcal{O}_j(t), \mathcal{O}_k(0) \right]^{\dagger} \left[\mathcal{O}_j(t), \mathcal{O}_k(0) \right] \right], \quad (6)$$

where $\mathcal{O}_{i,j}$ are operators on qubit j and k. $\overline{\mathcal{C}}(x,t)$ may be extracted from $\overline{\mathcal{O}_j(t)} \otimes \overline{\mathcal{O}_j(t)}$ by contracting indices with ρ and $\mathcal{O}_k(0)$. The generalization of our approach to higher moments is straightforward, and we will return to this point in the conclusion.

We will consider two models, one with conserved total z-component of spin (C) and one without (NC). In both cases, the Hamiltonian is the sum of deterministic and stochastic terms

$$H_{\rm C} = H + \sum_{j=1}^{N} \eta_t^j Z_j \tag{C}$$

$$H_{\rm NC} = H + \sum_{j=1}^{N} \boldsymbol{\eta}_t^j \cdot \boldsymbol{\sigma}_j, \qquad (\rm NC)$$

where $\boldsymbol{\sigma} = (X, Y, Z)$ are the usual Pauli matrices and η_t is assumed to be delta-correlated noise,

$$\mathbb{E}_{\eta}\left[\eta_t^j \eta_{t'}^k\right] = g\delta(t - t')\delta_{j,k},\tag{7}$$

while $\boldsymbol{\eta}_t = (\eta_t^x, \eta_t^y, \eta_t^z)$ contains three independent components (assumed identical for ease of notation). *H* is a time-independent Hamiltonian describing local coupling between the spins. Our approach is not particularly sensitive to the precise form of *H*, but for simplicity we will begin with the Heisenberg chain

$$H = J \sum_{j=1}^{N} \boldsymbol{\sigma}_{j} \cdot \boldsymbol{\sigma}_{j+1}.$$
 (8)

The generalization to other models, including those in higher dimension, will be evident.

B. Model C at strong noise: Symmetric Exclusion Process for $\overline{\mathcal{O}}$

Any operator on the Hilbert space may be written in terms of the matrix elements between the Z_j eigenstates $|z_1:z_N\rangle$ with $z_j = \pm 1$

$$\langle z_1 : z_N | \mathcal{O} | z_1' : z_N' \rangle = \mathcal{O}_{z_1 : z_N, z_1' : z_N'}, \tag{9}$$

where $z_1 : z_N$ denotes the N-tuple (z_1, \dots, z_N) . A key simplification occurs in the limit of strong noise (g large), where the dynamics of the moments is restricted to certain subspaces: we will refer to them as the *slow subspaces*. For example, in Model C the dynamics of $\overline{\mathcal{O}}$ is restricted to the 2^N -dimensional diagonal subspace $z_i = z'_i \ (\forall i)$, as these states are unaffected by the dephasing noise. In Section V B we will show that, applied to the density matrix $\bar{\rho}$, this results in a closed evolution of the probability distribution of a spin configuration $z_1 : z_N$, described by the symmetric exclusion process (SEP) [44] (see Table I).

	Model NC	Model C
$\overline{\mathcal{O}}$	Exponential decay	Symmetric Exclusion Process
$\overline{\mathcal{O}\otimes\mathcal{O}}$	Fredrickson–Andersen	'Octahedral' model

TABLE I. The behaviour of the first and second operator moments in Models NC and C in the strong-noise limit.

C. Model NC at strong noise: Fredrickson–Andersen model for $\overline{\mathcal{O}\otimes\mathcal{O}}$

A more interesting example is provided by the second moment of Model NC. Because the noise in this model randomizes all components of the spins, $\mathcal{O} \otimes \mathcal{O}$ lives in the tensor product of the space spanned by the rotationally invariant single-site factors

$$|0_{j}\rangle \equiv \frac{1}{2}\mathbb{1}_{j} \otimes \mathbb{1}_{j}$$

$$|1_{j}\rangle \equiv \frac{1}{6} \left[X_{j} \otimes X_{j} + Y_{j} \otimes Y_{j} + Z_{j} \otimes Z_{j}\right].$$
(10)

Any $\overline{\mathcal{O} \otimes \mathcal{O}}$ of this form has the expansion

$$\overline{\mathcal{O} \otimes \mathcal{O}} = \sum_{n_1:n_N \in \{0,1\}^N} \mathsf{C}^{\mathcal{O}}_{n_1:n_N} | n_1: n_N \rangle.$$
(11)

Using the properties of the Pauli matrices it is easy to show

$$\overline{\operatorname{tr}\left[\mathcal{O}^{2}\right]} = \sum_{n_{1}:n_{N} \in \{0,1\}^{N}} \mathsf{C}_{n_{1}:n_{N}}^{\mathcal{O}}.$$
 (12)

Since the trace of any operator product tr $[\mathcal{O}_1(t)\mathcal{O}_2(t)]$ is conserved under Heisenberg evolution, we may think of $C_{n_1:n_N}^{\mathcal{O}}$ as a probability distribution (up to overall normalization) and its evolution equation

$$\partial_t \mathsf{C}^{\mathcal{O}} = \mathsf{L}\mathsf{C}^{\mathcal{O}} \tag{13}$$

as a (classical) master equation. In Refs. [37–40], a related discrete-time Markov chain was obtained for the dynamics of operator moments due to randomly chosen two-qubit unitary transformations. This Markov chain was the basis of the calculations of OTOCs and purity in the random unitary circuit model in Ref. [14].

What stochastic process is described by L? We will see that it is the *Fredrickson–Andersen* (FA) model [41]. The FA model is defined on a lattice with sites that may either be in state 1 or 0, with pairs of neighbouring sites j and k undergoing the transitions

$$1_j 1_k \underbrace{\xrightarrow{\Gamma_0}}_{\Gamma_1} 1_j 0_k \tag{14}$$

with rates $\Gamma_{0,1}$. In the stationary state, sites are independent with probability $p_1 = \Gamma_1/(\Gamma_1 + \Gamma_0)$ to be 1. We find $\Gamma_0 = \Gamma_1/3 = 4J^2/3g$ for model NC, i.e., 1s are three times more common than 0s:

$$\mathsf{C}_{n_1:n_N}^{\mathcal{O}}|_{\text{stationary}} = \frac{1}{4^N} \prod_j 3^{n_j}. \tag{15}$$

Two further comments: (1) The dynamics of C^A and C^{ρ} are identical because the rates are quadratic in J. (2) Individual trajectories of the FA model have no meaning, as only the probability distribution $C^{\mathcal{O}}$ appears in the moment $\overline{\mathcal{O} \otimes \mathcal{O}}$.

III. PHENOMENOLOGY OF FRONTS

A. Fronts in the FA model

The FA model was originally introduced to describe dynamics at the glass transition, and is an example of a *kinetically constrained model*, see [42] for a recent review. The model has a spectral gap [45], indicating that equilibrium fluctuations are generically exponentially decaying in time. Our main interest, however, is in the nonequilibrium dynamics of the model, in particular in initial conditions with only a few 1s, or regions devoid of 1s. In this case a nonzero density of 1s grows into the empty region with a finite front velocity, see Fig. 1.

The dynamics of a front in the FA model in one dimension was recently analyzed rigorously in Ref. [46] for a variant of the model [47] in which the transition rate is independent of the number of neighbours (see Ref.[48] for the related case of the East model). There it was shown that if the rightmost 1 starts at site 0, its displacement X_t after time t is asymptotically given by the normal distribution

$$\frac{X_t - v_{\rm B}t}{\sqrt{t}} \xrightarrow[t \to \infty]{d} \mathcal{N}(0, s^2), \tag{16}$$

for some $v_{\rm B}$ and s. This chimes with the arguments given in Refs. [13–15] for the random unitary circuit model that the probability distribution of X_t is that of a biased random walk.

B. Fronts in two dimensions

The derivation of the FA model in the strong-noise limit holds in any dimension. Ballistic motion of the front in kinetically constrained models in higher dimensions is discussed in Refs. [49–51]. It is natural to ask how the front distribution in (16) generalizes to higher dimensions. For the random unitary circuit model, Ref. [14] proposed – and provided numerical evidence – that the fluctuations of the front at long times are in the universality class of the Kardar–Parisi–Zhang (KPZ) equation [52, 53]. In the 1 + 1-dimensional case, relevant for the growth of a front in two dimensions, this equation has the form

$$\partial_t h = c_0 + \nu \partial_x^2 h + \frac{\lambda}{2} (\partial_x h)^2 + \zeta(x, t).$$
 (17)

Here h(x, t) denotes the displacement of the front in the direction of growth, as a function of transverse coordinate

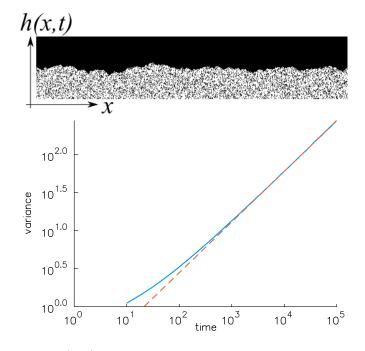


FIG. 2. (Top) Upward growth of a front in the 2D FA model into a region of 0s (black), starting from a row of 1s. (Bottom) Growth of front variance with time. Dashed line is the power law $0.13t^{2/3}$, consistent with the KPZ growth exponent $\beta = 1/3$.

x. The first term in (17) is a contribution to the ballistic growth rate; the second describes diffusive motion of the surface; the third captures a quadratic dependence of the local growth rate on the tilt of the surface; the last is a spatially uncorrelated white noise. The quadratic term is a relevant perturbation below two spatial dimensions that is responsible for novel scaling behaviour. For the one-dimensional case considered here, fluctuations of the surface have a dynamical critical exponent z – describing the relative scaling of spatial and temporal fluctuations as $t \sim x^z$ – of z = 3/2, and growth exponent β – describing the growth of interface fluctuations as $h \sim t^{\beta}$ – of $\beta = 1/3$.

We performed a numerical simulation to determine the growth exponent for the FA model. The details are described in Appendix A. For simplicity, we considered the growth from a row of 1s, corresponding to flat initial conditions, rather than from a single 1, which leads to a rounded cluster. This option was not available to the authors of Ref. [14], as the peculiarities of the circuit model mean there is no roughening in a lattice direction. In a simulation of 10^5 time steps, we observe nearly two decades of scaling with the KPZ exponent $\beta \sim 1/3$ (see Fig. 2).

There is a wealth of exact results for the 1 + 1dimensional KPZ universality class: see Ref. [54] for a recent review. In particular, the long-time scaling form of the probability distributions of the height of a growing interface has been determined starting from various

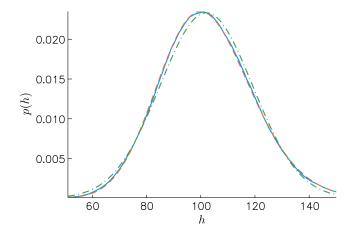


FIG. 3. Front probability distribution at $t = 10^5$ compared with best fit Tracy-Widom density $F'_1(s)$ (dashed) and Gaussian (dash-dotted), where the width and shift of the distributions are fitting parameters.

initial conditions. More precisely, we write

$$h(x,t) \xrightarrow[t \to \infty]{d} ct + \alpha t^{1/3} \chi, \qquad (18)$$

where χ is a random variable with known distribution, and c and α are constants. In the case of flat initial conditions, χ is drawn from the Tracy-Widom distribution corresponding to the Gaussian Orthogonal Ensemble (GOE) [55–57].

In Fig. 3 we show a comparison between the probability distribution of the front obtained at the end of our numerical simulation, and the best fit Tracy-Widom GOE and Gaussian distributions. The superiority of the Tracy-Widom fit is evident, in particular in capturing the skew of the distribution and the differing behaviour of the left and right tails

$$\log p(h) \propto \begin{cases} -|h|^3 & h \to -\infty \\ -h^{3/2} & h \to +\infty. \end{cases}$$
(19)

IV. APPLIED PHENOMENOLOGY

A. OTOCs

The mapping to the FA model yields a simple expression for the OTOC (6) in Model NC with infinite temperature initial density matrix ρ

$$\overline{\mathcal{C}}_{jk}(t) = 2^{-N} \left(\frac{4}{3}\right) \sum_{\substack{n_1:n_N \in \{0,1\}^N\\n_k=1}} C_{n_1:n_N}^{\mathcal{O}_j}(t), \qquad (20)$$

where the normalization follows from tr $[X_j(t)^2] = 2^N$. For a FA model starting with only site j in state 1, the OTOC is then (4/3 times) the probability k has value 1 at time t.

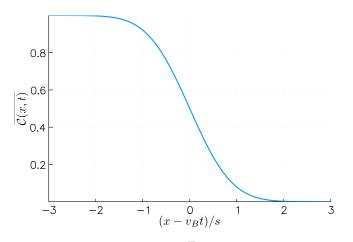


FIG. 4. The averaged OTOC $\overline{C}_{jk}(t)$ is identified with the probability for sites j and k to be in the same cluster. Here, we have illustrated the Gaussian case – the functional form being that of an error function, the cumulative distribution function of a Gaussian – appropriate to one dimension.

Let us further make the reasonable assumption that, after the front arrives at site k, the probability to be in state 1 quickly approaches the equilibrium value of 3/4. Then we identify

$$\overline{\mathcal{C}}_{jk}(t) = \Pr\left[k \text{ in cluster seeded by } j\right],$$
 (21)

or in other words, the cumulative distribution function of the front. The resulting behaviour of the OTOC is illustrated in Fig. 4.

B. Purity decay

Consider a partition of the qubits into sets A and A^c , of sizes |A| and $|A^c|$. The average purity of a region A is expressed as (c.f. Ref. [29])

$$\overline{\gamma} = \overline{\operatorname{tr}\left[\rho_A^2\right]} = 2^{|A^c|} \sum_{\substack{n_j = 0,1 \text{ for } j \in A \\ n_j = 0 \text{ for } j \in A^c}} \mathsf{C}^{\rho}_{n_1:n_N}.$$
(22)

The purity is $(2^{|A^c|}$ times) the probability that A^c contain only 0s. Consider taking as an initial condition a random pure product state, described by a density matrix

$$\rho = \frac{1}{2^N} \prod_j \left[\mathbb{1}_j + \boldsymbol{\varrho}_j \cdot \boldsymbol{\sigma}_j \right]$$
(23)

with unit vectors $\boldsymbol{\varrho}_j$. Projected into the slow subspace of Model NC, this gives $C_{n_1:n_N}(t=0) = 2^{-N}$. Comparing with (22), we see $\overline{\gamma}(t=0) = 1$, as required. Note that the overall probability of A^c being empty is $1/2^{|A^c|}$, but this exponentially small factor is cancelled by the prefactor in (22).

If A^c is empty (i.e. contains only 0s) at time t, we expect the fronts to be within A at earlier times. To see

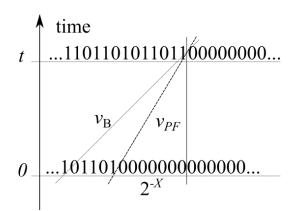


FIG. 5. A 'purity front' velocity $v_{\rm PF} < v_{\rm B}$ arises from the joint probability of the propagating front deviating from the velocity $v_{\rm B}$ and an initial condition with X extra 0s.

how this picture leads to the decay of purity, consider the growth of a single front in one dimension. The position of the front is described by (16). To find the most likely trajectory, the probability of finding a front at a distance X inside A at time 0 must be combined with the probability of the front propagating to the boundary between A and A^c at time t (see Fig.5). The joint probability of these two events is then

$$P(X_t = 0, X_0 = -X) \sim \frac{1}{2^{|A^c| + X}} \exp\left(-\frac{[X - v_{\rm B}t]^2}{2s^2 t}\right).$$
(24)

For large t, it suffices to find the optimum value X_* of the initial front position, giving a 'purity front' velocity $v_{\rm PF} < v_{\rm B}$

$$v_{\rm PF} \equiv \frac{X_*}{t} = v_{\rm B} - s^2 \ln 2.$$
 (25)

The fronts move slower than the butterfly velocity $v_{\rm B}$. Note that a similar argument appears in Ref. [29], though with *ad hoc* assumptions about the statistics of front motion.

Substituting the optimal value X_* in (24) gives the exponential decay of the purity

$$\gamma(t) \sim \exp\left(-v_{\rm B}t\ln 2 + \frac{s^2t}{2}\ln^2 2\right),\tag{26}$$

which enables us to define the 'purity velocity' $v_{\rm P} = v_{\rm B} - \frac{1}{2}s^2 \ln 2$, such that $\gamma(t) \sim \gamma(0)e^{-v_{\rm P}t \ln 2}$.

Applied to a region A of finite size, a simple generalization of the above argument implies that two fronts move towards each other at $\pm v_{\rm PF}$. However, the two fronts *never touch* (see Fig. 6), for when $t > |A|/2v_{\rm P}$, the most likely initial configuration is completely empty, and the purity saturates. Thus we have

$$\gamma(t) \sim \begin{cases} e^{-2v_{\rm P}t\ln 2} & t < |A|/2v_{\rm P} \\ \frac{1}{2^{|A|}} & t > |A|/2v_{\rm P} \end{cases}$$
(27)

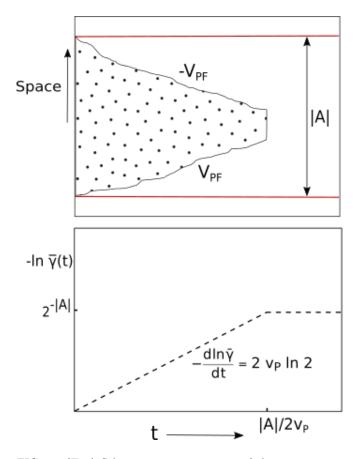


FIG. 6. (Top) Schematic representation of the propagation of two fronts in 1+1 spacetime. White represents a region of 0s and black dots an active region of 1s and 0s. (Bottom) $-\log \bar{\gamma}(t)$ for the case when $\bar{\gamma}(t)$ is computed for a finite subsystem. The red lines at fixed spatial positions in the upper right figure demarcate a finite subsystem of size |A|. Before saturation, $-\ln \gamma(\bar{t})$ grows at a rate (shown) controlled by the purity velocity. By Jensen's inequality, this rate is a lower bound on the growth of the averaged second Rényi entanglement entropy.

These results are valid for large t and |A|, where the optimum dominates the probability. The fact that purity decays on a time scale linear in the subsystem size is consistent with our local Hamiltonian, and is to be contrasted with the fast scrambling (i.e. in a time logarithmic in the size) possible in systems with highly nonlocal coupling [5, 6].

If $|A^c| < |A|$, the situation is slightly different. Once $t > |A^c|/2v_{\rm E}$, the most probable way for an empty A^c to arise is from the stationary distribution (15), assuming this distribution is approached exponentially quickly from the initial state, giving

$$\gamma(t > |A|/2v_{\rm E}) = \frac{1}{2^{|A^c|}}.$$
 (28)

The purity dynamics we have found (see Fig. 6) are consistent with the expectation, largely based on exact diagonalization studies [58] and toy models [12], that ballistic entanglement growth is a universal feature of quantum chaotic many-body systems. Moreover, our continuous-time results supplement the analytic discretetime calculations in random unitary circuits [14], which have also confirmed this phenomenology (with a purity velocity satisfying $v_{\rm P} < v_{\rm B}$), via a mapping of the average purity onto the partition function of a directed random walk. The approach, which has been extended to obtain the higher Rényi entropies from a correspondence with a hierarchy of classical statistical mechanics models [59], has motivated the suggestion of a "minimal membrane" picture of entanglement spreading in generic nonintegrable quantum systems [32].

V. DYNAMICS IN THE STRONG-NOISE LIMIT

In this section we derive the Lindblad equations for the first and second density matrix moments, and then show how these may be analyzed in the strong-noise limit. The closely related equations for operator moments are readily obtained by taking $\rho \to \mathcal{O}$ and $dH_t \to -dH_t$.

A. First moment

If we formally express the white noise η_t as the Itô differential of a Brownian motion B_t^j ,

$$\int^{t'} \eta_t \, dt = \int^{t'} dB_t, \tag{29}$$

then one finds that the generator $dH_t^{\rm C}$ of infinitesimal stochastic unitary evolution in model C is given by [27]

$$dH_t^{\rm C} = Hdt + \sqrt{g} \sum_j Z_j \, dB_t^j. \tag{30}$$

A straightforward exercise in Itô calculus yields the equation of motion of the density matrix [60]

$$d\rho_{t} = e^{-idH_{t}^{C}}\rho_{t}e^{idH_{t}^{C}} - \rho_{t} = -i[H,\rho] dt - \frac{g}{2}\sum_{j} [Z_{j}, [Z_{j},\rho]] dt - i\sqrt{g}\sum_{j} [Z_{j},\rho_{\Psi}] dB_{t}^{j}, \quad (31)$$

the expectation of which is thus of Lindblad form [61]

$$\partial_t \bar{\rho} = \underbrace{-i\left[H,\bar{\rho}\right]}_{L_H(\bar{\rho})} - \underbrace{\frac{g}{2}\sum_j \left[Z_j, \left[Z_j,\bar{\rho}\right]\right]}_{j}}_{(32)}$$

The corresponding equation for model NC, obtained by an analogous procedure, is

$$\partial_t \bar{\rho} = -i[H, \bar{\rho}] - \frac{g}{2} \sum_j \sum_{a=1}^3 [\sigma_j^a, [\sigma_j^a, \bar{\rho}]].$$
(33)

We note that this calculation can alternatively be done, albeit less concisely, by interpreting the stochastic process η_t in the Stratonovich sense (see e.g. Appendix A.4 of [62]).

B. Strong-noise limit

In the strong-noise limit $(g \to \infty)$, the state is projected onto the kernel of the dissipator D – which we term the slow subspace and denote by S – which is spanned by the states for which $[Z_j, \rho]$ vanishes, i.e., the diagonal components of the density matrix in the Z-basis. The dynamics on S can be analyzed perturbatively in g^{-1} (as done in [62]); the effective Liouvillian to leading order takes the form $\mathcal{L}_{\text{eff}} = -\mathcal{P}_{S}L_{H}D^{-1}L_{H}\mathcal{P}_{S}$, where \mathcal{P}_{S} is the projector onto S and D^{-1} is the inverse of the restriction of D to its coimage. Explicit evaluation leads to

$$\mathcal{L}_{\text{eff}}\bar{\rho} = -\frac{J^2}{16g} \sum_{j} [\sigma_j^+ \sigma_{j+1}^- + \text{h.c.}, [\sigma_j^+ \sigma_{j+1}^- + \text{h.c.}, \mathcal{P}_{\mathcal{S}}\bar{\rho}]].$$
(34)

If we now find a matrix representation for \mathcal{L}_{eff} , which we shall denote L, by regarding $\bar{\rho} \in S$ as an element $\bar{\rho}$ of a vector space over \mathbb{R} (sometimes referred to as 'superspace') with basis $\{|1\rangle \langle 1|, |0\rangle \langle 0|\}^{\otimes N}$, we obtain a master equation

$$\partial_t \vec{\rho} = \mathsf{L}\vec{\rho},\tag{35}$$

with $L = \frac{J^2}{g} \sum_i (\vec{\sigma}_i \cdot \vec{\sigma}_{i+1} - 1)$, such that the corresponding effective Hamiltonian -L (if we think of the master equation as an imaginary-time Schrödinger equation) coincides with that of a Heisenberg ferromagnet. Up to a constant, L is thus seen to be the generator of the SEP [63]. In the one-dimensional case, we have an alternative route to this result as the model is found to be integrable by means of a mapping to an imaginary-U Hubbard model [64]. In the strong-noise limit, the Bethe ansatz equations reduce to those of the spin-1/2 ferromagnetic Heisenberg model, from which the quadratically dispersing Liouvillian spectrum and consequent diffusive relaxation follow (as was established earlier in [65] by analytic evaluation of the single-particle Green's function).

C. Second moment

Noise averaging the stochastic differential equation for the second moment of ρ in model NC leads to the Lindblad equation for the replicated system

$$\partial_t \overline{\rho \otimes \rho} = -i[\mathcal{H}, \overline{\rho \otimes \rho}] - \frac{g}{2} \sum_{j,a} [\Sigma_j^a, [\Sigma_j^a, \overline{\rho \otimes \rho}]] \quad (36)$$

where we have introduced the operators $\mathcal{H} = H \otimes \mathbb{1} + \mathbb{1} \otimes H$ and $\Sigma_j^a = \sigma_j^a \otimes \mathbb{1} + \mathbb{1} \otimes \sigma_j^a$.

The kernel of the dissipator is constructed from the states locally invariant under rotation. Thus we have $S = \text{span} \left(\{\mathbb{1} \otimes \mathbb{1}, \sum_a \sigma^a \otimes \sigma^a\}^{\otimes N} \right).$ The effective Liouvillian to leading order (see Ap-

The effective Liouvillian to leading order (see Appendix B for the derivation for model C; the model NC

$$\mathcal{L}_{\text{eff}}(\cdots) = -\frac{1}{4g} \mathcal{P}_{\mathcal{S}}[\mathcal{H}, [\mathcal{H}, \cdots]]$$
(37)

A matrix representation for \mathcal{L}_{eff} can again be found (see Appendix C for details) if we take $\{|0\rangle, |1\rangle\}^{\otimes N}$ (using the states as defined in (10)) as a vector space basis. This matrix is given by $\mathsf{L} = \sum_{j} \mathsf{L}_{j,j+1}$, where

$$\mathsf{L}_{j,j+1} = \frac{4J^2}{g} \begin{pmatrix} 0 & 0 & 0 & 0\\ 0 & -1 & 0 & 1/3\\ 0 & 0 & -1 & 1/3\\ 0 & 1 & 1 & -2/3 \end{pmatrix},$$
(38)

can be identified as the transition rate matrix of a continuous-time Markov process: the one-spin facilitated FA model with rates given in Eq. (14).

A similar analysis (see Appendix B) for the second moment of model C does not appear to lead to a mapping to a classical stochastic model. Nonetheless, we shall make some observations about the effective dynamics. In the strong-noise limit, the dynamics is projected onto the 6^N -dimensional slow subspace S spanned by $\{|z_1\rangle \langle z_1| \otimes$ $|z_2\rangle \langle z_2|, |z_3\rangle \langle -z_3| \otimes |-z_3\rangle \langle z_3| : z_i \in \{-1, 1\}\}^{\otimes N}$. It is helpful to partition the single-site factors of S into three types of pairs of states

1.
$$(11, 11)$$
 $(-1 - 1, -1 - 1)$
2. $(11, -1 - 1)$ $(-1 - 1, 11)$
3. $(1 - 1, -11)$ $(-11, 1 - 1),$ (39)

where we have represented the state $|z_1\rangle \langle z_2| \otimes |z_3\rangle \langle z_4|$ by the tuple (z_1z_2, z_3z_4) . It is helpful to visualise each pair of states as occupying antipodal vertices of an octahedron. If we consider the effective Liouvillian, which differs from that of model C only by a multiplicative constant and the fact that the projector is into a different slow subspace, we identify three classes of matrix element (with the possible values given in parenthesis):

- 1. Pair changing (± 2) : A pair of a given type, with each element of the pair occupying adjacent sites, may be transformed into a pair of another type.
- 2. Exchange (± 2) : The states of adjacent sites may be exchanged, if the two states belong to different pairs.
- 3. Diagonal (2 or 4): No change, but a constant factor equal to the Hamming distance between the two states is acquired.

The differing signs can be seen to ensure that the both the trace (only pairs 1 and 2 contribute) and purity (only pairs 1 and 3 contribute) of the full density matrix are preserved under evolution.

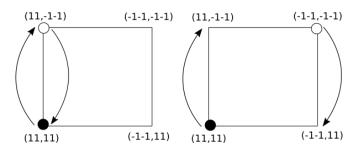


FIG. 7. An example of exchange (left) and pair changing (right) terms, as visualised on a square cross section of the 'octahedron' of single-site states that span the slow subspace of model C. The filled and empty circles represent the states on adjacent sites.

VI. CONCLUSIONS

We have provided a precise account of operator spreading for a system of interacting qubits undergoing continuous time evolution, with each qubit independently coupled to a stochastic drive. By averaging over noise, Lindblad equations for the first and second operator moments were derived and studied perturbatively in the strong-noise limit; the central result being the identification of a mapping to the Fredrickson-Andersen model for the second moment dynamics in the case of noise that does not conserve a spin component. Considering the phenomenology of front growth in this model then enabled us to determine the implications for the behaviour of OTOCs and the decay of subsystem purity, which were found to be in line with the results established in random unitary circuit models. Although the mapping holds in arbitrary dimension, we restricted our attention to the one- and two-dimensional case: in one spatial dimension, we exploited the known exact Gaussian asymptotics of the front, whilst in two dimensions we conjectured, with numerical support, that front fluctuations exhibit (1+1)dimensional KPZ universality, thus giving us access to exact results for the front shape in terms of Tracy-Widom distributions.

Our approach generalises naturally to higher operator moments [66]. We expect that the identification of the slow subspaces and projection of the dynamics into those spaces will be more involved but tractable, and will allow the study of higher entanglement entropies and the full distribution of operator statistics.

Acknowledgments. DAR and AL gratefully acknowledge the EPSRC for financial support, under Grant Nos. EP/M506485/1 and EP/P034616/1 respectively. We thank Oriane Blondel, Juanpe Garrahan, Robert Jack and Katarzyna Macieszczak for useful discussions. This paper was finished while AL was a participant in the programme 'Quantum Paths' at the Erwin Schrödinger International Institute for Mathematics and Physics (ESI).

Appendix A: Details of numerical simulation

For convenience we study the version of the FA model in which the probability of a site to flip its state depends only on having neighbours, not their number [47].

We use multispin coding [67–69], whereby 64 configurations of the model are represented as an array of (unsigned) 64-bit integers, and updated by bitwise operations. This allows 64 trajectories to be simulated simultaneously on a single core. Our simulation consisted of a single run on each of 16 virtual cores, corresponding to 1024 trajectories.

We initialized a $L \times H$ lattice with L 1s in the first row, enforcing periodic boundary conditions along the rows. The front is defined as the height of the highest 1 in each column. As the front grows in the vertical direction, it must be periodically reset so that it remains roughly centered. This is achieved by calculating the mean height of the front across the 64 configurations every 10 updates and moving the configuration downward by 10 sites when the mean exceeds H/2 + 5.

For the largest simulations we took $L = 10^4$, H = 200, and $T = 10^5$ timesteps. A height of H = 100 resulted in a breakdown of scaling behaviour at the longest times, presumably a consequence of the fluctuations of the interface being bounded by the finite height window.

The simulation code and data analysis are written in Julia and are available as a Jupyter notebook, together with the simulation data, at https://github. com/AustenLamacraft/FA-front.

Appendix B: Second moment dynamics of Model C in the strong-noise limit

Application of Itô's lemma enables us to write down the stochastic differential equation for the second moment of the density matrix in model C

$$d(\rho \otimes \rho) = -i[\mathcal{H}, \rho \otimes \rho] dt - i\sqrt{g} \sum_{j} [\Sigma_{j}^{z}, \rho \otimes \rho] dB_{t}^{j} - \frac{g}{2} \sum_{j} [\Sigma_{j}^{z}, [\Sigma_{j}^{z}, \rho \otimes \rho]] dt,$$
(B1)

which upon averaging leaves us with

$$\partial_t \overline{\rho \otimes \rho} = -i[\mathcal{H}, \overline{\rho \otimes \rho}] - \frac{g}{2} \sum_j [\Sigma_j^z, [\Sigma_j^z, \overline{\rho \otimes \rho}]] \quad (B2)$$

where we have adopted analogous notation to that of (36), i.e., $\Sigma_j^z = Z_j \otimes \mathbb{1} + \mathbb{1} \otimes Z_j$. In the strong-noise limit, the dynamics is projected onto the 6^N slow subspace S spanned by $\{|z_1\rangle \langle z_1| \otimes |z_2\rangle \langle z_2|, |z_3\rangle \langle -z_3| \otimes |-z_3\rangle \langle z_3| : z_i \in \{-1,1\}\}^{\otimes N}$. The first nonvanishing term in perturbation theory for the generator of the strong-noise dynamics of the second moment of the density matrix, which we also refer to as an effective Liouvillian, is given by $\mathcal{L}_{\text{eff}} = -\mathcal{P}_S L_H D^{-1} L_H \mathcal{P}_S$. If we consider the action of DL_H on a single site, we have

$$DL_{H}(|z_{1}\rangle \langle z_{1'}| \otimes |z_{2}\rangle \langle z_{2'}|) = \frac{ig}{2} \left([H, |z_{1}\rangle \langle z_{1'}|] \otimes |z_{2}\rangle \langle z_{2'}| \\ \times \left((z_{2}^{j} - z_{2'}^{j})^{2} + 4 \left(1 - \frac{(z_{1}^{j} - z_{1'}^{j})^{2}}{4} \right) - 4z_{1}^{j} \left(1 - \frac{(z_{1}^{j} - z_{1'}^{j})^{2}}{4} \right) (z_{2}^{j} - z_{2'}^{j}) \right) \\ + |z_{1}\rangle \langle z_{1'}| \otimes [H, |z_{2}\rangle \langle z_{2'}|] \\ \times \left((z_{1}^{j} - z_{1'}^{j})^{2} + 4 \left(1 - \frac{(z_{2}^{j} - z_{2'}^{j})^{2}}{4} \right) - 4z_{2}^{j} \left(1 - \frac{(z_{2}^{j} - z_{2'}^{j})^{2}}{4} \right) (z_{1}^{j} - z_{1'}^{j}) \right) \right),$$
(B3)

from which it follows that $L_H \mathcal{P}_S\left(\overline{\rho \otimes \rho}\right)$ is an eigenstate of D with eigenvalue 4. The effective Liouvillian can thus be written

$$\mathcal{L}_{\text{eff}} = -\frac{1}{2g} \mathcal{P}_{\mathcal{S}} \operatorname{ad}_{\mathcal{H}}^2, \qquad (B4)$$

where we have used the adjoint action notation $\operatorname{ad}_{\mathcal{H}}(\cdots) := [\mathcal{H}, \cdots].$

Appendix C: Effective Liouvillian for the second moment of model NC

We begin by evaluating the double commutators that arise when \mathcal{L}_{eff} acts on the basis states of \mathcal{S} . If we write the Heisenberg Hamiltonian as $\sum_{j,k} h_{jk}$ for $h_{jk} = \sigma_j^a \sigma_k^a$ (n.b. we shall assume the summation convention only for the upper (i.e. spin) indices), we have

$$[h_{jk}, [h_{jk}, \sigma_k^a]] = 8 \left(\sigma_k^a - \sigma_j^a\right) \tag{C1}$$

$$\left[h_{jk}, \left[h_{jk}, \sigma_j^a \sigma_k^b\right]\right] = 8 \left(\sigma_j^a \sigma_k^b - \sigma_j^b \sigma_k^a\right).$$
(C2)

Since we are considering a Hamiltonian with only a twobody interaction, we only need to consider four possible states: each local factor for the two sites that h_{jk} couples is either $|0\rangle$ or $|1\rangle$ (as defined in (10)). The $|0_j 0_k\rangle$ state is trivially seen to lie in the kernel of \mathcal{L}_{eff} , so that we only need to compute

$$\mathcal{L}_{jk}\left(\sigma_{j}^{a}\sigma_{k}^{b}\otimes\sigma_{j}^{a}\sigma_{k}^{b}\right) = \mathcal{P}_{\mathcal{S}}\left[-8\left(\sigma_{j}^{a}\sigma_{k}^{b}-\sigma_{j}^{b}\sigma_{k}^{a}\right)\otimes\sigma_{j}^{a}\sigma_{k}^{b}\right. \\ \left.-8\sigma_{j}^{a}\sigma_{k}^{b}\otimes\left(\sigma_{j}^{a}\sigma_{k}^{b}-\sigma_{j}^{b}\sigma_{k}^{a}\right)+16\left(\sigma_{k}^{\alpha}-\sigma_{j}^{\alpha}\right)\otimes\left(\sigma_{k}^{\alpha}-\sigma_{j}^{\alpha}\right)\right]\right].$$
(C3)

and

$$\mathcal{L}_{jk}\left(\mathbb{1}_{j}\sigma_{k}^{a}\otimes\mathbb{1}_{j}\sigma_{k}^{a}\right) = \mathcal{P}_{\mathcal{S}}\left[-8\left(\mathbb{1}_{j}\sigma_{k}^{a}-\sigma_{j}^{a}\mathbb{1}_{k}\right)\otimes\mathbb{1}_{j}\sigma_{k}^{a}-8\mathbb{1}_{j}\sigma_{k}^{a}\otimes\left(\mathbb{1}_{j}\sigma_{k}^{a}-\sigma_{j}^{a}\mathbb{1}_{k}\right)+8\left(\sigma_{j}^{b}\sigma_{k}^{c}\otimes\sigma_{j}^{b}\sigma_{k}^{c}-\sigma_{j}^{b}\sigma_{k}^{c}\otimes\sigma_{j}^{c}\sigma_{k}^{b}\right)\right]$$
(C4)

with the corresponding result for $|1_j 0_k\rangle$ following by interchanging j and k in the last equality. It remains only

- A. Monin and A. Yaglom, Statistical fluid mechanics, volume II: Mechanics of turbulence, Vol. 2 (Courier Corporation, 2013).
- [2] E. N. Lorenz, Tellus **21**, 289 (1969).
- [3] D. Ruelle, Physics Letters A 72, 81 (1979).
- [4] P. Hayden and J. Preskill, Journal of High Energy Physics 2007, 120 (2007).
- [5] Y. Sekino and L. Susskind, Journal of High Energy Physics 2008, 065 (2008).
- [6] N. Lashkari, D. Stanford, M. Hastings, T. Osborne, and P. Hayden, Journal of High Energy Physics 2013, 22 (2013).
- [7] S. H. Shenker and D. Stanford, Journal of High Energy Physics 2014, 67 (2014).
- [8] S. H. Shenker and D. Stanford, Journal of High Energy Physics 2014, 46 (2014).
- [9] D. A. Roberts and D. Stanford, Physical review letters 115, 131603 (2015).
- [10] D. A. Roberts, D. Stanford, and L. Susskind, Journal of High Energy Physics 2015, 51 (2015).
- [11] J. Maldacena, S. H. Shenker, and D. Stanford, Journal of High Energy Physics **2016**, 106 (2016).
- [12] W. W. Ho and D. A. Abanin, Physical Review B 95, 094302 (2017).
- [13] V. Khemani, A. Vishwanath, and D. A. Huse, arXiv preprint arXiv:1710.09835 (2017).
- [14] A. Nahum, S. Vijay, and J. Haah, Physical Review X 8, 021014 (2018).
- [15] C. von Keyserlingk, T. Rakovszky, F. Pollmann, and S. Sondhi, Physical Review X 8, 021013 (2018).
- [16] S. Gopalakrishnan and B. Zakirov, arXiv preprint arXiv:1802.07729 (2018).
- [17] A. Lucas, arXiv preprint arXiv:1710.01005 (2018).
- [18] D. A. Roberts, D. Stanford, and A. Streicher, arXiv preprint arXiv:1802.02633 (2018).

10

to perform the projection back into the slow subspace: terms of the form $\sigma_j^a \mathbb{1}_k \otimes \mathbb{1}_j \sigma_k^a$ are projected out, but $\sigma_j^b \sigma_k^a \otimes \sigma_j^a \sigma_k^b$ terms have a nonzero component in S that we must compute. This is most clearly seen by decomposing the dyadic Cartesian tensor operator $\sigma_j^a \otimes \sigma_j^b$ into irreducible representations of SO(3) as

$$\sigma_{j}^{a} \otimes \sigma_{j}^{b} = \frac{1}{3} \left(\sigma_{j}^{\alpha} \otimes \sigma_{j}^{\alpha} \right) \delta_{ab} + \frac{1}{2} \left(\sigma_{j}^{a} \otimes \sigma_{j}^{b} - \sigma_{j}^{b} \otimes \sigma_{j}^{a} \right) + \frac{1}{2} \left(\sigma_{j}^{a} \otimes \sigma_{j}^{b} + \sigma_{j}^{b} \otimes \sigma_{j}^{a} - \frac{2}{3} \sigma_{j}^{\alpha} \otimes \sigma_{j}^{\alpha} \delta_{ab} \right), \quad (C5)$$

from which it follows that

$$\mathcal{P}_{\mathcal{S}}\left[\sigma_{j}^{b}\sigma_{k}^{a}\otimes\sigma_{j}^{a}\sigma_{k}^{b}\right] = \frac{1}{3}\sigma_{j}^{a}\sigma_{k}^{b}\otimes\sigma_{j}^{a}\sigma_{k}^{b}.$$
 (C6)

Combining these results and exploiting orthogonality of the $\{|0\rangle, |1\rangle\}$ states with respect to the Hilbert-Schmidt inner product yields the matrix given in (38).

- [19] A. Larkin and Y. N. Ovchinnikov, Sov Phys JETP 28, 1200 (1969).
- [20] Y. Takahasi and H. Umezawa, Collect. Phenom. 2, 55 (1974).
- [21] A. Kitaev, "A simple model of quantum holography," (2015), talks at KITP.
- [22] J. Polchinski and V. Rosenhaus, Journal of High Energy Physics 2016, 1 (2016).
- [23] D. Bagrets, A. Altland, and A. Kamenev, Nuclear Physics B 921, 727 (2017).
- [24] X. Chen, T. Zhou, D. A. Huse, and E. Fradkin, Annalen der Physik **529**, 1600332 (2016).
- [25] I. L. Aleiner, L. Faoro, and L. B. Ioffe, Annals of Physics 375, 378 (2016).
- [26] E. B. Rozenbaum, S. Ganeshan, and V. Galitski, Physical review letters 118, 086801 (2017).
- [27] D. Bernard, M. Bauer, and T. Jin, SciPost Physics 3, 033 (2017).
- [28] J. Preskill, arXiv preprint arXiv:1801.00862 (2018).
- [29] M. Mezei and D. Stanford, Journal of High Energy Physics 2017, 65 (2017).
- [30] T. Rakovszky, F. Pollmann, and C. von Keyserlingk, arXiv preprint arXiv:1710.09827 (2017).
- [31] A. Chan, A. De Luca, and J. Chalker, arXiv preprint arXiv:1712.06836 (2017).
- [32] C. Jonay, D. A. Huse, and A. Nahum, arXiv preprint arXiv:1803.00089 (2018).
- [33] A. Chan, A. De Luca, and J. Chalker, arXiv preprint arXiv:1803.03841 (2018).
- [34] T. Zhou and A. Nahum, arXiv preprint arXiv:1804.09737 (2018).
- [35] G. Bentsen, Y. Gu, and A. Lucas, arXiv preprint arXiv:1805.08215 (2018).
- [36] C. Sünderhauf, D. Pérez-García, D. A. Huse, N. Schuch, and J. I. Cirac, arXiv preprint arXiv:1805.08487 (2018).

- [37] R. Oliveira, O. Dahlsten, and M. Plenio, Physical review letters 98, 130502 (2007).
- [38] O. C. Dahlsten, R. Oliveira, and M. B. Plenio, Journal of Physics A: Mathematical and Theoretical 40, 8081 (2007).
- [39] M. Žnidarič, Physical Review A 76, 012318 (2007).
- [40] M. Žnidarič, Physical Review A 78, 032324 (2008).
- [41] G. H. Fredrickson and H. C. Andersen, Physical review letters 53, 1244 (1984).
- [42] J. P. Garrahan, P. Sollich, and C. Toninelli, Dynamical heterogeneities in glasses, colloids, and granular media 150, 111 (2011).
- [43] We note that *deterministic* kinetically constrained models recently appeared in the study of certain unitary circuits [16].
- [44] P. L. Krapivsky, S. Redner, and E. Ben-Naim, A kinetic view of statistical physics (Cambridge University Press, 2010).
- [45] N. Cancrini, F. Martinelli, C. Roberto, and C. Toninelli, Probability Theory and Related Fields 140, 459 (2008).
- [46] O. Blondel, A. Deshayes, and C. Toninelli, arXiv preprint arXiv:1803.08761 (2018).
- [47] I. S. Graham, L. Piche, and M. Grant, Journal of Physics: Condensed Matter 5, L349 (1993).
- [48] O. Blondel, Stochastic Processes and their Applications 123, 3430 (2013).
- [49] S. Léonard and P. Harrowell, The Journal of chemical physics 133, 244502 (2010).
- [50] I. Douglass and P. Harrowell, The Journal of chemical physics 138, 12A516 (2013).
- [51] R. Gutiérrez and J. P. Garrahan, Journal of Statistical Mechanics: Theory and Experiment 2016, 074005 (2016).
- [52] M. Kardar, G. Parisi, and Y.-C. Zhang, Physical Review Letters 56, 889 (1986).
- [53] M. Kardar, Statistical physics of fields (Cambridge University Press, 2007).
- [54] T. Kriecherbauer and J. Krug, Journal of Physics A: Mathematical and Theoretical 43, 403001 (2010).
- [55] M. Prähofer and H. Spohn, Physical review letters 84, 4882 (2000).
- [56] J. Baik and E. M. Rains, Random matrix models and their applications 40, 1 (2001).
- [57] C. A. Tracy and H. Widom, Communications in Mathematical Physics 177, 727 (1996).
- [58] H. Kim and D. A. Huse, Physical review letters 111, 127205 (2013).
- [59] T. Zhou and A. Nahum, arXiv preprint arXiv:1804.09737 (2018).
- [60] S. L. Adler, Physics Letters A 265, 58 (2000).
- [61] H.-P. Breuer and F. Petruccione, *The Theory of Open Quantum Systems* (Oxford University Press, 2002).
- [62] Z. Cai and T. Barthel, Phys. Rev. Lett. 111, 150403 (2013).
- [63] J. R. G. Mendonça, Journal of Physics A: Mathematical and Theoretical 46, 295001 (2013).
- [64] M. V. Medvedyeva, F. H. L. Essler, and T. c. v. Prosen, Phys. Rev. Lett. 117, 137202 (2016).
- [65] V. Eisler, Journal of Statistical Mechanics: Theory and Experiment 2011, P06007 (2011).
- [66] J. Cotler, C.-M. Jian, X.-L. Qi, and F. Wilczek, arXiv preprint arXiv:1711.03119 (2017).
- [67] R. Friedberg and J. E. Cameron, The Journal of Chemical Physics 52, 6049 (1970).

- [68] L. Jacobs and C. Rebbi, Journal of Computational Physics 41, 203 (1981).
- [69] D. P. Landau and K. Binder, A guide to Monte Carlo simulations in statistical physics (Cambridge university press, 2014).